- 1: Go to: www.swchssixthformski.weebly.com
- 2: Click on consent forms, fill in and submit.
- 3: Sign personalised paper form on the tables
- 4: Thank you.



SWCHS Sixth form Ski Trip Ski Amade 2019

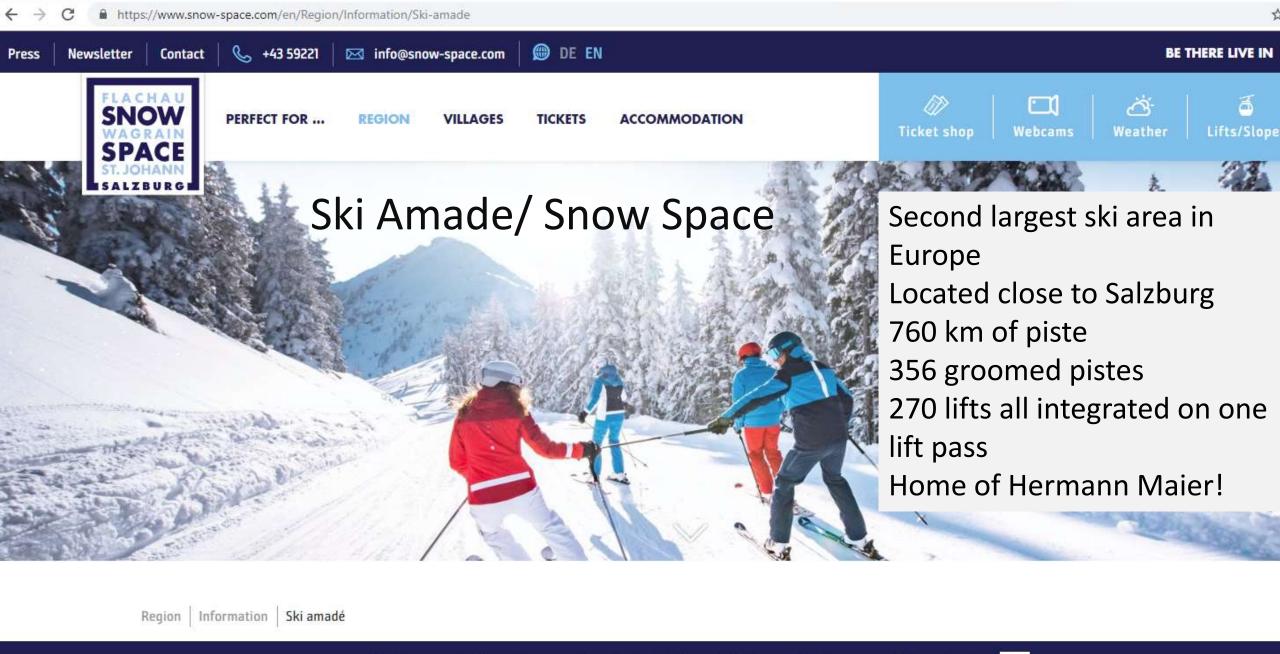


16th-23rd February 2019

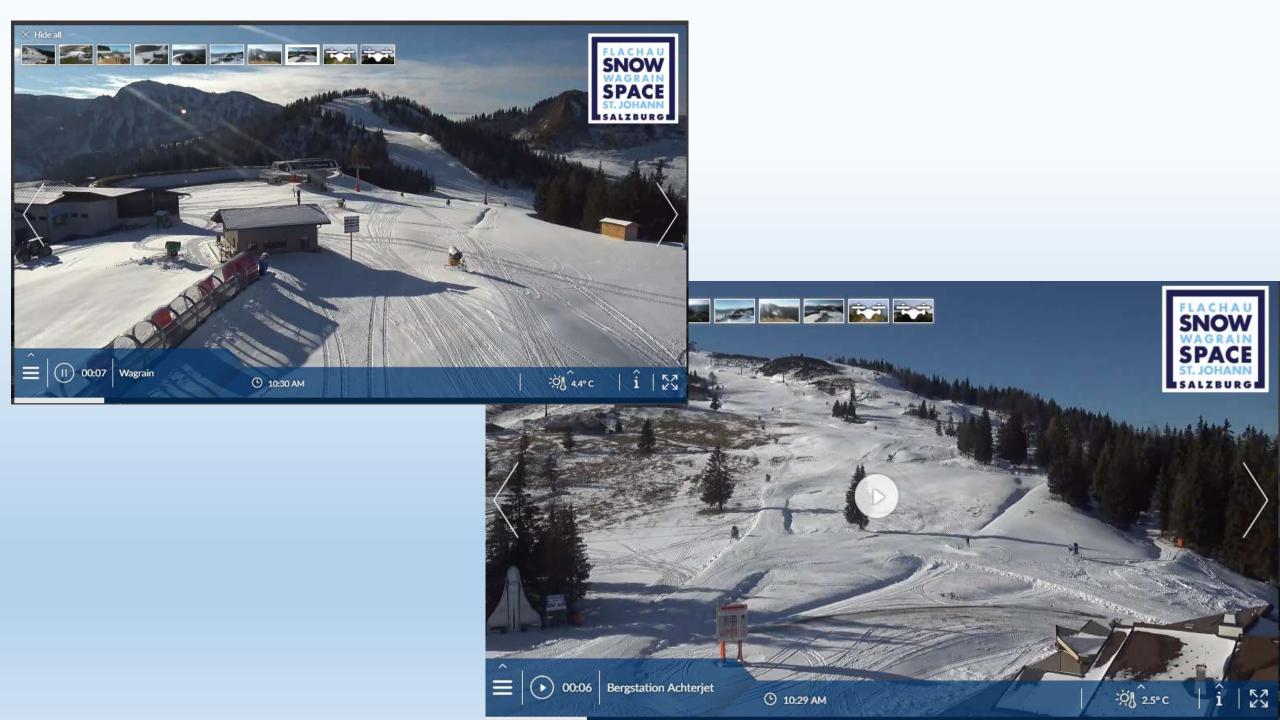


Staff

- Mr Milne- Party Leader
- Miss Coates- Deputy Party Leader
- Mrs Cox
- Mr Norman
- Mr Chamberlain
- Mr Cox
- Miss Hall
- Miss McColl
- Miss Green
- Mr Heath



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Itinerary

Outbound:
Depart SWCHS approx 5pm on
Saturday 16th Feb
Evening ferry crossing from
Dover, dinner on ferry (or
bring food), overnight and
morning coach to resort (with
stops)



Depart resort after showers and dinner at the hotel.
Drive overnight to Calais.
Ferry in the morning on the 23rd Feb
Breakfast on ferry
Returning to SWCHS around 2pm. Updates via social media.

Travel

- Yes it's a coach. (think of the £350 you saved!)
- We have 2 coaches
- Bring a pillow and wear comfy clothes
- Its about 13 hours drive from Calais
- Bring things to watch
- Buy yourself dinner on the ferry and bring Euros for breakfast on the Sunday morning.
- Respect the coach and drivers, we need a good relationship with them to make the week work. Keep it clean!



Hotel Hubertushof

- 3 Star Hotel
- 2/3/4/5 beds per room
- Breakfast at hotel
- Dinner at larger restaurant down the road

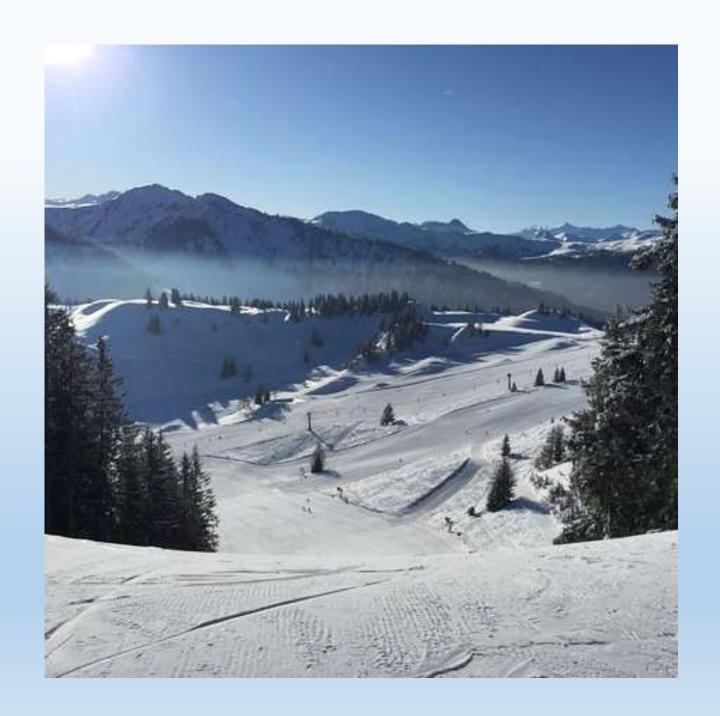


A Typical Day on the slopes

Wake up/get up! 7.00 Breakfast 7.45 Depart for slopes in coaches 8.30 9.30 Hit the slopes, 5 hours instruction, lunch and drink breaks, supervised skiing Depart slopes • 16.00 Return to hotel, via supermarket on occasion 17.00 7.00 Dinner After dinner meeting 8.00 Depart Après Ski 8:30 TBC Bedtime (depending on activities and how the day has

Obviously illness or injury will mean that students may not be able to ski but in most cases they will still be expected to come to the mountain and snuggle up somewhere warm and cosy by a fire! They will be supervised. Being tired is not an excuse, we are there to ski, not eat Haribo and fail to sleep!

gone)



Supervision

- Staff will make every effort to ensure that your son/daughter has a safe but exciting, challenging and rewarding weeks skiing.
- To achieve this we need all skiers and of course their parents to support us.
- The students need to respect the mountain environment, their ski instructors and of course the SWCHS staff.
- Our students will not ski unsupervised at any time.
- Any students requiring hospital treatment will be accompanied by an appropriate member of SWCHS staff who will remain with them throughout their stay.



The Skiing

- The most important bit!!
- Groups of 10-12, decided by the ski instructors.
- Groups will be determined by ability.
- You may not be in a group with your best friend.
- Any movement between groups will be communicated to us by instructors.
- Progress is generally excellent!



SWCHS Supervised Skiing

- There will be the opportunity for children to have additional ski time with staff.
- This will be in the form of a warm up on the beginner slopes if time and conditions allow and/or laps around a supervised piste at the end of the day.
- The decision will be made by Mr Milne, who will assess the conditions, ski ability and ability to safely supervise the activity.
 We will not be able to supervise this for all 80 students at the same time!
- Pupils will be with staff at all times.
- Staff will lead but not instruct (although Mr Milne can!).
- Please indicate on the consent form if you are happy for your son/daughter to participate in this.



Ski Equipment

- Skis, boots and poles are delivered to our hotel on the Sunday when we arrive.
- They will be set up to the basic instructions you have provided (please check these details on the tables)
- A professional fitter will then help set the DIN settings and check all is ok
- You will get a helmet, and these are compulsory, you are responsible for keeping it safe and will be charged for lost equipment!
- Boots and helmets are always returned to the hotel, skis often stay at the resort at IBT lockers, unless we are changing resort base.
- Boots are not to be worn on the coaches.
- Staff will be on hand to help.



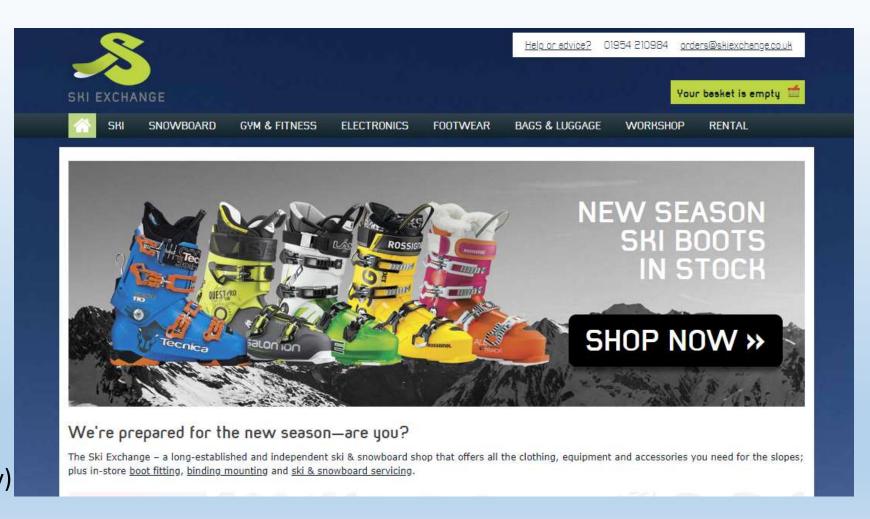
Après Ski and Meal times

- Meal times allow for discussion, sharing experiences and general socialising.
- Excellent food at the hotel consisting of Austrian buffet breakfast and a 3 course evening meal. Lunch will be on the mountain and you will get an 8 euro voucher to pay for it, you can supplement with cash if you wish.
- Lunch is supervised by the instructor as some groups will ski a long distance from the base.
- Après ski will be- Pool bar, Evening in Salzburg, swimming (optional, alternative will be supervised mock exam revision at the hotel!)



Ski gear – Over to Simon from the Ski Exchange

- Ski Jacket
- Salopettes (ski trousers)
- 3 pairs of ski socks
- T-shirts x 3
- Thermals, Fleece, sweatshirts
- Gloves, hat
- Sunglasses AND goggles
- Sunscreen, lip salve.
- Casual clothes
- Underwear
- Toiletries
- Euros
- Electronics (your responsibility)



Spending money

- Amount is up to you.
- Depends if you want to buy gifts.
- £50 often enough.
- Money is pupils responsibility.



Ski trip Hoodies

Available from the trip website until 5th December

www.swchssixthformski.weebly.com







Some important pieces of information.

- All adults (staff / Instructors / hotel workers etc) must be treated with respect.
- Alcohol (or illegal drugs) has no part to play on the trip. Any pupils found in possession will be dealt with in line with school policy (as if they have alcohol in school). This includes being sent home on the next available flight at parents expense, decisions on this will be made by the trip leader and on agreement with other staff on the trip.
- Electronic devices- <u>are your responsibility</u>.
- Rooms- are for sleeping / relaxing / changing / showering. There will be a day by day room curfew, where only room residents are allowed. Please respect peoples right to some privacy.
- Mobile phones- are not permitted at the dinner table.
- Contact with home- updates via social media, e.g. we have arrived safely, pictures on twitter and Instagram
- Social media.
- Aim to make a positive contribution to what will be an amazing trip.



